



Fall 2024



the Stethoscope

A newsletter of the Frederick Health Auxiliary and Volunteer Program
400 West 7th Street Frederick, MD 21701

Volunteer office: 240-566-3567 - Website: www.frederickhealth.org
Stethoscope website: <https://www.frederickhealth.org/About/Volunteering/Newsletter.aspx>

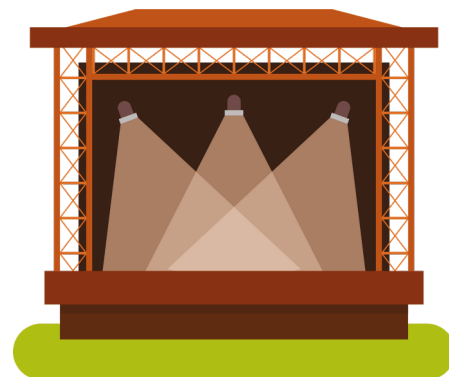
Auxiliary President's Letter _____ John Tisdale

We have experienced some excitement in the past three months, or at least deviations from our routine. Some have been better than others.

The trip to Toby's Theater in August was a rousing success. About 20 members and guests saw a production of Jersey Boys. As we enjoyed the music, I fully expected to see a few in our group get up and dance a few times. Thank you, Jean Van Meter, for organizing the event.

The Auxiliary Fashion Show was another success. On a gloomy day in September at Maryland National Golf Course, the 110 attendees were treated to lunch and a show of fashions from Select Seconds modeled by our colleagues in the Auxiliary. Those in attendance saw many of the remarkable clothes and accessories available at Select Seconds. You can too at the store at 8 East Patrick Street in Frederick. If by any chance you have never gone into Select Seconds, by all means do so and be prepared to be dazzled. Thank you, Susan Chapman and Cita King for all your work in organizing and producing the event.

Not a success was the severe damage to the Gift Shop caused by a leaking water pipe on the floor above. The Gift Shop and a few other spaces had to be closed for repairs. While salvageable inventory was safely moved to the Auxiliary conference room, the Gift Shop closed for a few weeks, depriving our colleagues who work there of their weekly service. Sharll Hane performed dedicated service, spending days moving inventory to the conference room and recording losses of inventory. The Gift Shop is now open, thanks to Sharll, Gift Shop volunteers, and Frederick Health facilities staff.



President's Letter

Thomas A Kleinhanzl

Dear Friends,

The fall season is upon us. This time of the year always brings about a sense of transformation, from changing leaves and a new school year beginning to 2024 sunsetting into 2025. This past year was a transformative time for Frederick Health. I'd like to update you on a few items as we close another year of working together.

As our community has continued to grow, so has our organization. I'm excited to announce the Master Plan for the Frederick Health Village was submitted to the City of Frederick. This submittal is required for our long-term vision of how the property may be developed in the future, and it will allow us the maximum flexibility to meet the healthcare needs of our growing county. This is an important, albeit early, milestone in a multi-year process. We welcome the open discussions about the future of the Village and what that location will ultimately look like as a healthcare destination.

We've continued to invest in surgical excellence and innovation. As part of that commitment to quality care, we recently unveiled our newest robotic-assisted surgery platform – the da Vinci 5. The da Vinci 5 is the most advanced, innovative surgical technology available on the market, and Frederick Health is the first and only healthcare system in the state to have one. This technology improves the patient experience by reducing pain, minimizing incisions, and offering a faster recovery. The da Vinci 5 is an incredible asset to our community, and I am proud that we are leading the way in robotic technology. Robotics is not new at Frederick Health; over the last decade, we've performed over 5,000 robotic-assisted surgeries, but we continue to grow and invest in our capabilities.

As we look towards the future, we must remember our past. I recently spoke at a plaque dedication in downtown Frederick honoring our founder, Emma Smith. The Kiwanis Club of Frederick County generously dedicated the plaque. Emma's mission was to care for the sick, comfort the injured, and provide peace of mind. She'd be proud of the growth Frederick Health has accomplished since 1902 and that we continue to positively impact the well-being of every individual in our community. The plaque is located at 18 W 3rd Street, so if you're ever downtown, stop by and see it.

As we approach another year of helping Frederick County thrive, I once again would like to extend my heartfelt appreciation for your work and effort. Your continued dedication to the Frederick Health team and this entire community is sincerely felt by those around you. On behalf of the entire Senior Leadership team, thank you.

Kind regards,



Thomas A. Kleinhanzl
President & CEO
Frederick Health



Director of Volunteer Services Message

Erin Betz

As the crisp autumn air and vibrant fall colors begin to settle in, it's a wonderful time to reflect on the season of giving. With the holidays approaching, thoughts of community, connection, and service naturally come to mind.

Recently, we had the pleasure of speaking at the Worman's Mill Homeowners Association and Buckingham's Choice Retirement Community on the topic of volunteering, specifically focusing on the positive impact the Frederick Health Auxiliary has in our community.

Hamp Tisdale, Bert Fiske, and Susan Chapman shared their volunteer experiences as well as the many ways the Auxiliary supports the hospital. It was a lively discussion about the benefits of volunteering and how the spirit of giving back never fades.



Wormans Mill



Buckingham's Choice Retirement Community

As we continue through this season of gratitude, let's remember the importance of lending a helping hand and the incredible difference volunteers LIKE YOU make in our community.

Mark Your Calendars: The holiday season is right around the corner and the annual Frederick Health Holiday Party will be held on Thursday, December 12th! A festive event is being planned with delicious food, music, and games. It is a perfect way to unwind and enjoy the holiday spirit with fellow volunteers and staff. The event is being held at the hospital in the cafeteria and, as in years past, they are looking for volunteers to help with setting up and serving. Be on the lookout for more details and signup information. Thank you in advance for your support in making this event memorable. See you there!

Welcome New Volunteers

Larry Jones, Pet Therapy (Shiloh)

Mary Gill, Gift Shop

Mike Bready, Rose Hill Reception

Warmest Fall wishes,

Erin Betz

Director, Volunteer Services

All About Fundraising _____ Joe Collins, Fundraising Chair

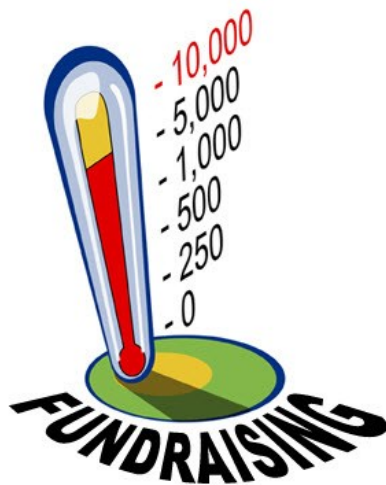
Hard to believe that summer is gone, fall is upon us and the holiday season with all of its colors, get-togethers and excitement are fast approaching. We concluded another successful summer season with three great vendor sales. We started the hot, humid summer days with Uniform Village from Cumberland and their offerings of a wide variety of quality brands of healthcare uniforms and accessories with a two-day sale in July. We followed that sale up with a three-day sale from the popular MMG Gifts vendor and their seemingly endless variety of quality gifts and books for all occasions. We ended the summer season with a two-day sale by D&D Jewelry Designs and their line of quality jewelry, handbags and accessories.

The three summer vendor sales – Uniform Village, MMG Gifts and D&D Designs generated just over \$15,000 in sales, with almost 50% via payroll deduction and resulted in more than \$2,500 in rebates for the Auxiliary.

The upcoming Holiday Season will have three vendor sales. We kicked off the season in mid-October with a two-day sale by the popular \$7 Everything Sale presented by K&J Marketing from nearby Ellicott City. They provide a wide variety of boutique of fashion accessories, jewelry, clothing, handbags and much more. In November Mindy's Jewelry will return for a two-day sale featuring a wide variety of reasonably priced custom-made silver jewelry. We will conclude the holiday season in mid-December with a four-day sale by the much-anticipated MMG Gifts and their sale advertised as "Fabulous Finds for the Family". This is the sale that takes care of your last-minute holiday shopping at reasonable prices. All three vendor sales will take place at both the Atrium in The Village and the hospital cafeteria.

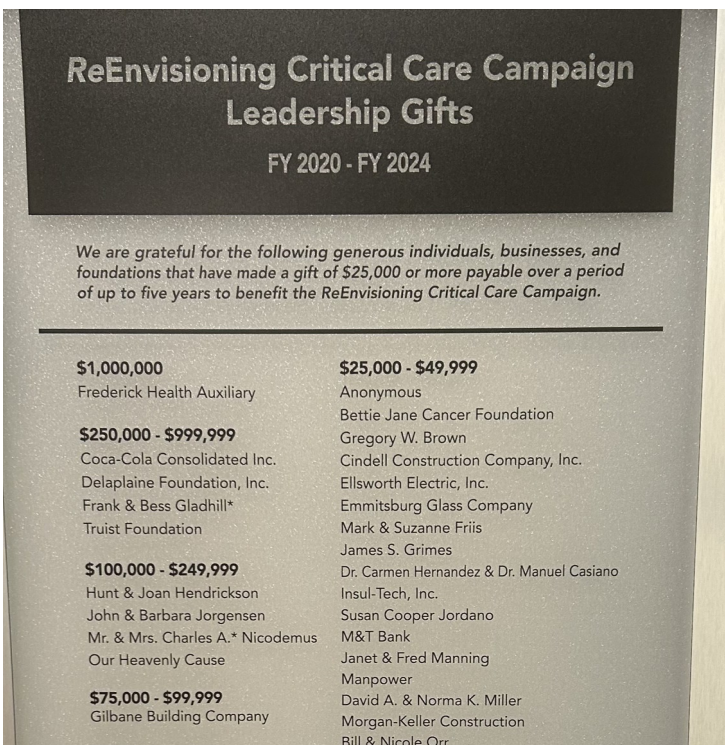
Vendor sales are very popular with the hospital staff, providing them the opportunity to purchase a wide variety of quality merchandise without venturing from the workplace, provide a source of funds for the Auxiliary, and provide a unique opportunity for Volunteers to interact with the hospital staff. Vendor sales have payroll deduction for staff, which requires volunteers to operate the Quick Charge System, a very easy system to operate for processing the employee purchases. Volunteer shifts are 2 ½ to 3 hours each, so if you have a few spare hours, would like to lend a helping hand for fundraising, and meet some of the wonderful hospital staff members, we invite you to join the fundraising team. At the same time, you will have the first crack at the wide variety of unique quality merchandise offered for sale by our great vendors.

As always a big thank you to the dedicated volunteers of the fundraising team who operate the Quick Charge System and spread the energy and goodwill of volunteering to the hospital staff.



ReEnvisioning Critical Care Campaign

As some of you have probably noticed, there is a free-standing display, currently placed immediately before the gift shop in the main hallway. This was created by local artist Yemi Fagbobohun, in collaboration with Robin Rose, Vice-President and Chief Development Officer for Frederick Health. The display commemorates a five-year fundraising campaign that began July 1, 2019, and concluded June 30, 2024. The campaign was designated “ReEnvisioning Critical Care.” The goal was to raise \$14.75 million to support the renovation and expansion of the Adult & Pediatric Emergency Department, Intensive Care Unit, and Cardiac Cath Labs. The campaign exceeded the goal raising \$14.84 million. The Auxiliary was the largest donor, pledging \$1 million toward the project. This is evident from the fact that the Auxiliary is listed at the top of the donor list. As Frederick Health’s first free-standing recognition piece, Robin and Yemi have designated it as Signature Donor Recognition Piece. The door on the glass artwork is a representation of the original 1890s front door from Fredrick Hospital. Robin shared that we still have the door in the warehouse and hope someday to be able to repurpose or display it. The plan is to add the listing of Signature Donors of Frederick Health’s next campaign to one side of the piece.



Fashion Show

The Frederick Health 2024 Volunteer Fashion Show was held at Maryland National Golf Course in Middletown on September 23, 2024. Susan Chapman and Cita King were the Co-Chairs. Over 100 attendees enjoyed a delicious lunch. All the model's outfits, including accessories were from Select Seconds. There was a 50/50 raffle and door prizes. Items from the shop were available to purchase. All proceeds went back to Select Seconds. Models were Emilie Angelety, Sue & Dick Basford, Erin Betz, Cathie Deadrick, Alberta Fiske, Martha Goodenough, Cita King, Holly Heiser, Rose Marie Myers, Fran Norwood, John Tisdale, and Pat Weimert.



Gift Shop Flood

As the result of a broken water pipe in the ceiling above the register counter of the gift shop, the gift shop and other areas of the hospital were flooded in the early morning hours of Sunday, July 28, 2024. Although approximately \$6,000 in merchandise was lost and two display units were damaged, the damage to the gift shop was not as severe as initially feared. The ceiling, some light fixtures and a security camera were replaced or repaired in the gift shop. Several other areas of the hospital were also affected – cardiopulmonary, sterile processing, and the lab to name a few. Unfortunately, the gift shop was closed for approximately 60 days, reopening on September 15, 2024. Although everyone’s cooperation was appreciated, special shoutouts go to Sharll Hane, Gift Shop Manager. Charles Demory, Facilities Director. Plant Operations staff Rich Cool, Wendi O’Dea and Malissa Clements, and the hospital staff of Erin Betz, Denise Zigler, Mary Lou Minnick, and Diane Cheseldine.



Select Seconds Pam Schaffert (Co-Manager)

Colder weather means more layers, like jeans, jackets, sweaters, and boots, and the opportunity to experiment with different styles and colors. We can help you with that! With our fall and winter fashions and accessories, it is easy to put together a great outfit.

There is still time to pick up some fall and Thanksgiving home decor. Our Christmas and holiday items will be out in early November. If you are looking for something unique, come to Select Seconds! We have many one-of-a-kind items that you will not find anywhere else, and it is never too early to start shopping for those holiday gifts.

Once again, Select Seconds is a finalist in the Frederick News-Post’s Best of the Best Contest in the “Best Consignment/Thrift Store” category. The winners will be revealed on November 9th. Thanks to all who voted for us!

Volunteers are needed to fill positions in all areas. No experience is necessary. We will be happy to train you! If interested, please contact our Volunteer Services Office, and let them know you would like to join the Select Seconds team!

For those with Facebook accounts, please “Like” our page @SelectSeconds. The more people that follow us and share our posts with their family and friends, the more exposure we get.

Store Hours:

- Mon – CLOSED
- Tue – 10am – 4pm
- Wed – 10am – 4pm
- Thu – 10am – 4pm
- Fri – 10am – 4pm
- Sat – 11am – 4pm (First Saturdays, we stay open until 8pm!)



Jersey Boys (R&A) _____ Jean Van Meter

The R&A committee sponsored a trip to see Jersey Boys on August 28, 2024, at Toby's Dinner Theater in Columbia, Maryland. We had a great time. The bus was comfortable, our driver, Mickey, was great, and the traffic was light, so we were the first to arrive which meant we were the first to get to eat! And the food was better than we expected. Of course, the music was fabulous. Their voices were so authentic to the real singers. Some had seen "The Jersey Boys" on Broadway, and they said this production was every bit as good. Thank you for the opportunity to have a fun day out.



Awards _____ **Ellen Noland**

The following volunteers have earned their hours bars:

500 Hours

Theresa L. Strasberg

Mary C Smith

Victoria Kopel

Deborah Snopek

1,000 Hours

Annie Hughes

Karen Smith

Michael V Acquaviva

Deborah P Clark

Nancy G Harmon

3,000 Hours

Nancy Van Fossen

6,000 Hours

Sharll Hane

15,000 Hours

Merilyn Moser

Coralinn Kuehl



Congratulations to all the dedicated volunteers who give their time freely to serve.

Employee Team Picnic

The Frederick Health Employee Team Picnic was held on Thursday, August 29, 2024, with options to attend at the main hospital or Frederick Health Village. Lunch was provided. Volunteers were invited to join the picnic as attendees to socialize with our employee counterparts or in a supporting role. The theme at the hospital was a Hawaiian Luau. Wags for Hope was in attendance at both locations and their furry ambassadors were well received.



Who is Who

Hongwei Xu

Brenda Myers' volunteer career at Frederick Health started 15 years ago when she decided to join the Auxiliary. Coming from a family of nurses and workers in medical fields and having worked as a switchboard operator in a hospital in Vermont for over 14 years before her retirement, Brenda naturally chose the hospital where she can make a difference. She started at Select Seconds and Information Desk for about five years before she switched to the Gift Shop. Brenda loves people, loves to talk, and loves to "give a smile" to the people she meets and talks to. "The good half of the gift shop customers like to tell you why they are here in the hospital, and it is good to listen to them and their stories because they need someone who listens to them," said Brenda. A President's Lifetime Achievement Award recipient, Brenda has accumulated over 4,000 service hours.

Bill Myers, Brenda's husband and a native of Maryland, joined the Auxiliary two and half years ago. He started at the Wings, and now works at the Information Desk and Gift Shop two days a week. "Volunteering at the hospital gives me a chance to give back to the community," said Bill whose last job was a business analyst. Although his volunteer career is relatively short compared with that of some other volunteers at the hospital, Bill has already contributed over 1,000 service hours and been awarded a 1,000 Hour Volunteer Service Bar.

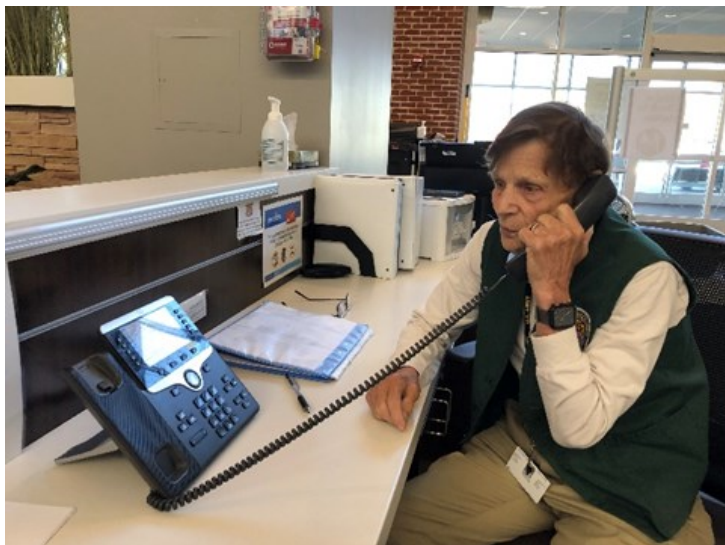
When not volunteering at the hospital, Brenda is passionate about nature. She loves flowers and enjoys flower gardening. Bill, a sports fan, enjoys watching all kinds of sports shows, especially football games. A graduate from Shepherd University, Bill follows closely his alma mater sports teams and events.

Brenda and Bill's gift of time is inspiring. No matter how small their impact is, they know that they are part of the change for a better, kinder and more compassionate world



Volunteer Spotlight

Hongwei Xu



Photos from Left to Right

Left - Fran Hosterler answering phone calls at the Wings, 3 years of service

Right – Herb Carrier, 13 years of service; Georgia Riggelman, 1 year of service; Russ Tolle, 1.5 years of service, working at the Information Desk



Frederick Health Auxiliary
400 West Seventh Street
Frederick, MD 21701

Newsletter Staff—Fall 2024 Edition

Chair: Mary Beth Clark

Editor & Graphics: Brent Gross

Proofreaders: Sharen Neale, Mary Beth Clark, Denise Zigler, Erin Betz

Other contributors: Erin Betz, John Tisdale, Joseph Collins, Tom Kleinhanzl, Ellen Noland, Pam Schaffert, Donna Tisdale, and Hongwei Xu

Contact Us: Volunteer Office at 240-566-3567

Visit Us: 400 W. 7th Street, Frederick, MD, 21701

We appreciate your feedback, comments, and questions



<https://www.frederickhealth.org/about/volunteering/>



<https://www.facebook.com/FrederickHealthAuxiliary>